

December 14, 2016

Dear Students,

Great News! If you are a student majoring in Dietetics, Foodservice Management or related major and are interested in going to Peru this summer for a 3 week faculty-led food and nutrition-focused study abroad (May 27-June 17th) experience keep reading.....

More specifically:

This faculty led abroad course will begin in the U.S. and explore how culture, immigration, acculturation and social determinants of health have affected individual's food choices and health. This course will then take students on a journey of cultures and eating patterns in Peru and explore how these affect health and well-being. Students will observe how political and economic influences have affected food availability, dietary habits and nutritional status of Peruvians as well as their national and local food policies and practices. This course will include visits to ethnic markets and traditional food establishments to sample ingredients, foods, and learn from natives about their foods, traditions and eating habits. There are a number of cooking classes scheduled so that you can gain first-hand experience in preparing and tasting Peruvian food and drink. A service learning project will be incorporated to allow students to experience first-hand the food and nutritional problems that exist and the role of the dietitian ("nutricionista") and Food Service Manager in solving them.

Why might you consider doing this study abroad experience?

Study abroad programs offer a distinctive opportunity for students to learn about varying cultures while personally experiencing those cultures through food and language immersion. This course offers an enhanced opportunity for students to become a citizen of the world, developing an understanding of varying cultural perspectives, while experiencing the excitement of applying their knowledge and skill of food and nutrition in the real world. Experiencing the varying food and nutrition issues facing people in a developing country first-hand will go a long way in helping students examine how to best solve them.

As a side note.....you do not have to speak Spanish to be able to go. I hope you will consider this exciting opportunity and email me with your interest. Looking forward to talking with you!

Warm Regards,

Dr. Bueche

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